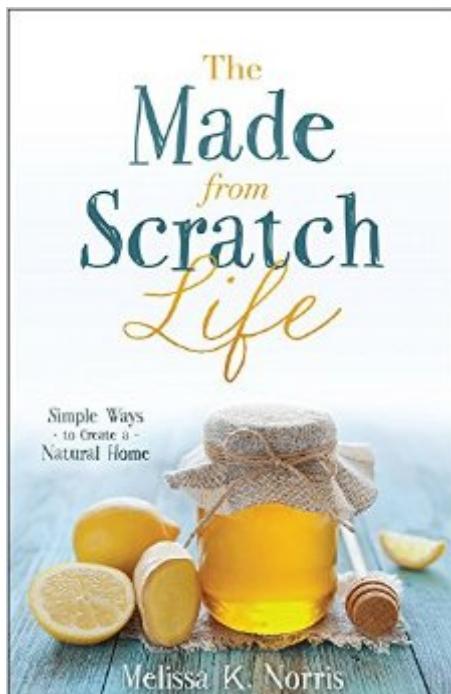


The book was found

The Made-from-Scratch Life: Simple Ways To Create A Natural Home



Synopsis

Do you long for simpler days? Do you wish you had the time to offer your family home-grown meals? Does your heart cry for a quiet place in this fast-paced world? Blogger and homesteader Melissa K. Norris inspires with practical and easy methods to help you cook from scratch, garden, preserve your own food, and see God's fingerprints in your everyday busy life. You'll learn how to plan, plant, and harvest for eating and preserving; troubleshoot common gardening problems with natural solutions; improve your family's health with natural cooking and cleaning methods. Whether you live in the middle of the asphalt jungle or on the side of a mountain, you can experience the pioneer lifestyle and start your own homesteading journey. Because when you surround yourself with things made from the hand of God, you can't help but see Him.

Book Information

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Customer Reviews

Melissa K. Norris wrote this book, "The Made-From-Scratch Life: Simple Ways to Create a Natural Home." It releases today! As I read it, I felt like I'd found the woman friend I'd longed for that could clear up some of the mystery involved in this gardening and canning business. The book doesn't read as a "how to guide." It's a conversation. You get to know her a little better. She shares what insider tips she's learned along the way. Just the kind of book I've been wanting to find. "Legumes (beans and peas) will put nitrogen back into your soil through their roots, so planting brassicas [broccoli, cabbage, brussels sprouts, and cauliflower] where you had beans or peas the year prior is a good idea." These tidbits can't be found on the back of the little seed packets. Actually, she advises you about which seed packets to buy! Such good

information here. Like getting advice from a good friend. And recipes. Did I fail to mention she has recipes in here? In her "Old-Fashioned Blackberry Jelly" recipe, she lists 1 gallon ripe blackberries. Then, right after that in parenthesis, she tells you that's 16 cups. This might sound simple to you, but often times the recipes I have handed down to me don't get so specific. I don't have a measuring scale in my kitchen so I have no way of knowing how many blackberries make up a gallon. Also, when I google it, often times the recipes online will say the number might vary depending on the size of the blackberry. Well, duh! Believe me, giving me the estimated 16 cups in parenthesis helps a whole ton. Even if you don't have plans to start your own garden and do much preserving, Melissa educates you on buying local. She tells you what she's learned after researching some of our grocery store purchases.

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